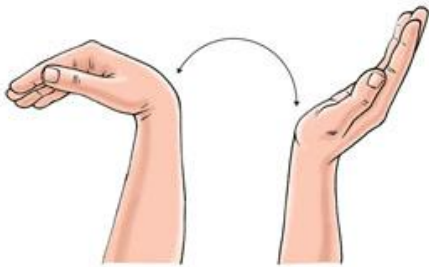


Lateral Epicondylitis (Tennis Elbow) Rehabilitation Exercises



Wrist active range of motion: Flexion and extension



Wrist stretch



Forearm pronation and supination



Active elbow flexion and extension